

Kill the Craving: How to Control Your Impulse to Use Drugs and Alcohol, 2001, 139 pages, Joseph Santoro, Robert Deletis, Alfred Bergman, 157224237X, 9781572242371, New Harbinger Publications, 2001

Exposing people to the things that they try hard to avoid - things like fears, and phobias, and painful memories - has long been a standard therapeutic technique. The same kind of exposure response prevention (ERP) has now become a major theory in addiction treatment. Even though ERP conflicts with traditional approaches, breakthrough studies have begun to appear that find that ERP has an impressive long-term effectiveness rating.

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The Angry Heart An Interactive Self-Help Guide to Overcoming Borderline and Addictive Disorders, Santoro, Jul 1, 2001, Self-Help, 272 pages. .

Why Do Drugs Cost So Much? And Why Are We So Darn Sick?, Joe, Ruth, Jun 1, 2008, Health & Fitness, 428 pages. Life is made up of a series of journeys, some small, some large. How we handle these journeys and which roads we ultimately travel, define our characteristics and the way.

Deep Listening Uncovering the Hidden Meanings in Everyday Conversation, Robert E. Haskell, Jan 1, 2001, Psychology, 222 pages. The author takes readers on a fascinating tour of the unconscious, revealing how people often use feelings, sounds, and language to both express and hide meaning in conversation..

How to Write Articles That Sell , L. Perry Wilbur, Jon Samsel, 1999, Language Arts & Disciplines, 211 pages. Demonstrates how to research, organize, and write articles, contact publishers, and find fresh subjects, and describes what it is like to be a professional writer.

All A's All Ways A Professor Reveals the Secrets to Success, Benjamin Bloch, Jan 1, 2005, Education, 263 pages. Do not settle for an education that is already obsolete. For students and parents alike, this book is your ultimate school and beyond survival guide. An experienced professor.

Late, Lost and Unprepared A Parents' Guide to Helping Children with Executive Functioning, Joyce Cooper-Kahn, Laurie C. Dietzel, 2008, Education, 217 pages. The groundbreaking, nationally recognized Next Chapter Book Club (NCBC) provides rewarding learning and social opportunities for hundreds of people with intellectual.

What Employers Really Want The Insider's Guide to Getting a Job, Barbara Spencer Hawk, 1998, Business & Economics, 249 pages. Shares the views of managers on the kinds of employees for which they are looking, and discusses resumes, interviews, and job search strategy.

Drug Abuse and You , John W. Shainline, Wayne Thoms, 1968, Drug abuse, 31 pages. .

Interview Fitness Training , Carole Hurd Martin, 2005, Employment interviewing, 104 pages. .

Addiction Why Can't They Just Stop?, John Hoffman, Sheila Nevins, Susan Cheever, Mar 6, 2007, Psychology, 256 pages. Strives to break through the myths and explain what addiction really is, what causes it, and how to get the best available treatment..

Interview Power Selling Yourself Face to Face, Tom Washington, 1995, Employment interviewing, 234 pages. Preparing readers for virtually anything that can happen in an interview, this guide shows them how to take objections or criticism and turn them into job offers; how to control.

Monica's story , James Kochalka, Tom Hart, Kenneth Starr, Jim Harrison, 1999, Biography & Autobiography, 33 pages. .

An Affair of the Mind One Woman's Courageous Battle to Salvage Her Family from the Devastation of Pornography, Laurie Hall, 1996, Philosophy, 268 pages. Relates the experience of a woman who struggled with her husband's addiction to pornography.

Career Change , David Helfand, May 11, 1999, Business & Economics, 379 pages. Looks at reasons for a career change, offers advice on training, finances, and job search strategies, and discusses challenges facing specific types of job hunters.

Job Interviewing for College Students , John D. Shingleton, 1996, Business & Economics, 127 pages. Offers tips on researching prospective employers and preparing for interviews.

Winning Job Interviews Reduce Interview Anxiety; Outprepare the Other Candidates; Land the Job You Love, Paul Powers, Aug 21, 2008, Business & Economics, . In this easy-to-follow, step-by-step book, Dr. Paul Powers demystifies job interviewing, explains why the process actually favors the job hunter, and shows how you can.

Violet on the Runway , Melissa Carol Walker, 2007, Juvenile Fiction, 228 pages. Seventeen-year-old Violet Greenfield of Chapel Hill, North Carolina, believes herself too tall and skinny until a top modeling agent gives her the royal treatment in New York

Study of Population and Immigration Problems, Issues 1-13 , United States. Congress. House. Committee on the Judiciary, 1962, United States

The Roman War Machine , John Peddie, 1994, Military art and science, 169 pages
Think Fast! The ADD Experience, Thom Hartmann, Janie Bowman, Susan Burgess, 1996, Family & Relationships, 233 pages. Presents a selection of writings, dialogues, anecdotes, experiences, and personal advice on Attention Deficit Disorder that address such topics as medication and therapeutic
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Marine Biology , Harold V. Thurman, Herbert H. Webber, Jan 1, 1984, Marine biology, 446 pages
New Puppy , Anne Civardi, Jun 1, 1989, Juvenile Nonfiction, 16 pages. The Appleby family chooses a new puppy, and takes it home
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Early Childhood Themes Through the Year , Debbie Thompson, 1993, Education, 400 pages. Each of 36 weekly themes is accompanied by a list of materials, patterns, activities, and moreA Self-Study Grammar Book for Engineers , SΓInia Oliver del Olmo, MΓinica Soler Lorente, Sonia Del Olmo Oliver, 2010, Foreign Language Study, 192 pages. A Self-Study Grammar Book for Engineers es un llibre d'autoaprenentatge de la llengua anglesa en l'ambient de les carreres tecniques i, d'una manera especial, per a l'alumnat Kill the Craving: How to Control Your Impulse to Use Drugs and Alcohol 2001 157224237X, 9781572242371

A Land fit for heroin? drug policies, prevention and practice, Nicholas Dorn, Nigel South, Sep 25, 1987, Political Science, 187 pages
Roman Art , Donald Emrys Strong, Jocelyn M. C. Toynbee, 1995, Art, 406 pages. First published in 1976, this standard work on the subject traces the development of Roman art from its beginnings to the end of the fourth century AD, embracing the monuments
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Breastfeeding and natural child spacing how "ecological" breastfeeding spaces babies, Sheila Kippley, 1989, Health & Fitness, 208 pages. This is an updated & revised edition of Sheila Kippley's highly acclaimed book which helped launch a decade a research on breastfeeding & the natural infertility it creates Jack and the Beanstalk Retold in Verse for Boys and Girls to Read Themselves, , Sep 1, 1990, Fairy tales., 46 pages. Retells in verse the old tale of the boy who climbed a beanstalk, killed a giant, and won a fortune Kill the Craving: How to Control Your Impulse to Use Drugs and Alcohol New Harbinger Publications, 2001 The Composition , Antonio Skřmota, 2011, Juvenile Fiction, 34 pages. When his friend's father is arrested and an army captain visits the school and asks them to write a paper on "What my family does at night," nine-year-old Pedro must make a It is AD 41. The city of Rome is a dangerous place. Optio Macro of the Second Legion, recently decorated for courage on the battlefield, can't wait to leave the teeming city.

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Content Analysis An Introduction to Its Methodology, Klaus Krippendorff, 2004, Language Arts & Disciplines, 413 pages. Since the publication of the first edition of Content Analysis: An Introduction to Its Methodology, the textual fabric in which contemporary society functions has undergone a Cites offer tidbits of information about marketing practices, interesting research findings, and company anecdotes that bring additional life and colour to the material. Team. Looks at a variety of island homes.

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Spotlight on literacy , Elaine Mei Aoki, James Flood, James V. Hoffman, 1998, Juvenile Nonfiction, 363 pages. Reading textbook series, organized by thematic units, utilizes award-winning, unabridged trade book literature to teach reading and language arts competency to students, grades A Self-conscious Art Patrick Modiano's Postmodern Fictions, Akane Kawakami, 2000, Literary Criticism, 166 pages. A Self-Conscious Art is the first full-length study in English to attempt to deal with the formal complexities of Modiano's work, by reading "against the grain" of his self download Kill the Craving: How to Control Your Impulse to Use Drugs and Alcohol Joseph Santoro, Robert Deletis, Alfred Bergman

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The Cutting Edge 50 Years of British Fashion, 1947-1997, Amy De La Haye, 1997, Crafts & Hobbies, 208 pages. Published to coincide with the opening of the exhibition of the same name at the Victoria and Albert Museum in March of 1997, this compendium spans 50 years of British fashion

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Hot, Sour, Salty, Sweet A Culinary Journey Through Southeast Asia, Jeffrey Alford, Naomi Duguid, 2000, Cooking, 346 pages. A culinary odyssey through the exotic cuisines of Southeast Asia features more than 175 delicious recipes from Vietnam, Thailand, Cambodia, and other countries, accompanied by Visual Studio 2012 and .NET 4.5 Expert Development Cookbook , Abhishek Sur, 2013, Computers, 380 pages. This book is written in a cookbook-style format and provides practical, immediately usable task-based recipes that provide solutions to common development problems and help you How to Say it to Your Child when Bad Things Happen Good Answers to Tough Questions, Paul W. Coleman, 2002, Family & Relationships, 195 pages. A psychologist and author walks readers through the often difficult process of talking to children about difficult topics, offering practical advice on how to discuss war Kill the Craving: How to Control Your Impulse to Use Drugs and Alcohol 2001 As part of the New Perspectives series, this text offers a case-based, problem-solving approach and innovative technology for meaningful learning of Windows NT Workstation 4.0.

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